

Inter-Tribal Council of California Inc.
The Mending Basket Resource Center
is Offering a 12 Week

Suicide Prevention Group

988

SUICIDE
& CRISIS
LIFELINE

REGISTRATION REQUIRED

THURSDAYS &
FRIDAYS

AT 3:00 PM
STARTING
FEBRUARY 23,
2023

IN PERSON AND ON
ZOOM



1712 D. South Main Street
Willits, CA 95490



FOR
REGISTRATION
AND MORE
INFORMATION
PLEASE
CONTACT TRINA
AT

(707)459-2015

trinaf@itccinc.org

NEED HELP? KNOW
SOMEONE WHO DOES?

CONTACT THE 988 SUICIDE
AND CRISIS LIFELINE IF
YOU ARE EXPERIENCING
MENTAL HEALTH-RELATED
DISTRESS OR ARE
WORRIED ABOUT A LOVED
ONE WHO MAY NEED
CRISIS SUPPORT.

CALL OR TEXT 988
CHAT AT 988LIFELINE.ORG
CONNECT WITH A TRAINED
CRISIS COUNSELOR. 988 IS
CONFIDENTIAL, FREE, AND
AVAILABLE 24/7/365.

VISIT THE 988 SUICIDE
AND CRISIS LIFELINE FOR
MORE INFORMATION AT
988LIFELINE.ORG.