## <u>Redwood Valley Rancheria</u> <u>Victim Assistance Program</u>



The Redwood Valley Rancheria Victim Assistance Program is a new service for our community members. If you are a victim, are exposed to or are aware of domestic violence in your community, please ask for help. We would like to hear input from Tribal members with any concerns and or questions on how to better support our community.

Please contact: Mayloni Mendoza, Victim Assistance Coordinator, (707) 485-0361 x122

Confidential Mobile: (707) 380-5598

Carla Gutierrez Village Learning Center/Building B, <u>mmendozavac@gmail.com</u>

Another excellent resource is <u>StrongHearts Native Helpline</u>

StrongHearts Native Helpline, 1-844-7NATIVE (762-8483) is a 24/7 safe, confidential and anonymous domestic and sexual violence helpline for Native Americans and Alaska Natives, offering culturally-appropriate support and advocacy. By calling or texting or chatting online at <u>strongheartshelpline.org</u>, survivors, family, friends and partners questioning their own behavior can connect with StrongHearts advocates who provide support and advocacy.

Many Native and non-Native domestic violence experts agree that the prevalence of violence in Indian Country is a modern effect of the historical trauma that our people continue to experience. The extent of domestic violence in tribal communities is particularly overwhelming.

## <u>To heal ourselves we ALL must break the Code of Silence.</u>