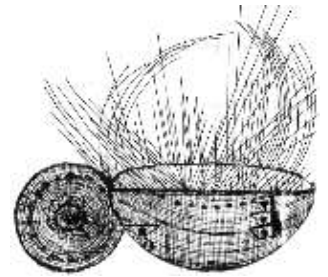


# Redwood Valley Rancheria Tribal EPA Newsletter



## July Edition



### Solid Waste Updates

Recycling reminders, ideas for reducing and reusing everyday items.

### Water Coordinator's Corner

Hear about what's going on with water resources. Get updated on recent wastewater inspections as well as drinking water testing.

CPR and 1<sup>st</sup> Aid Class Highlights



### Community News

- Progress on Tank Road Continues.
- The local fire crew has been on a roll.
- New staff in our Learning Center.
- New monthly calendar.
- Farm animals coming to RVR?
- Census 2020 is coming soon

## Census = Money + Power

“The Census determines over \$675 billion\* annually, which is \$1,800 per person counted, *per year*. Its data is made publicly available, and referenced by countless organizations when making business, philanthropy and research decisions. Not participating in the Census means less funding for communities, resulting in fewer dollars for social services, schools, healthcare, bridges, roads, housing, infrastructure and essential services overall—including congressional representation for the next ten years.”

*As Important as the Next Big Election? 2020 Census* by Carla Fernandez

<https://medium.com/collide/more-important-than-the-next-big-election-2020-census-2d2bc936ddbc>



Our local Fire Crew has been hard at work clearing brush to form a 100-foot perimeter around RVR homes. The team is working outside in the heat and has produced outstanding results. This hard work is greatly appreciated by all those who live and work at the Rancheria.



Bring old batteries to Building A for recycling please.  
Thank you.



♥ THANK YOU! ♥

## Things to Do to Prepare for Wildfire

1. Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts. Cal Fire's emergency app is at [www.readyforwildfire.org/Ready-for-Wildfire-App](http://www.readyforwildfire.org/Ready-for-Wildfire-App)
2. Identify several routes to take to safety. Know your community's evacuation plans (if there are any, and if they're public).
3. Practice driving the evacuation routes listed in number two. If you know ahead of time what places would be designated shelter locations, practice driving there from your home.
4. Have a plan for pets and livestock.
5. Keep important documents in a fireproof safe or in a safety deposit box. Create password-protected digital copies to put in a second secure location.
6. Keep a pair of sturdy shoes and a flashlight near your bed in case of a sudden evacuation at night.
7. Have an easily-accessible list of emergency contact numbers for family, friends, doctors, insurance, veterinarians if you are a pet owner, etc. Keep a copy in your emergency supply kit.
8. Keep assembled pet carriers and leashes ready, and put your name and cell phone number and your vet's name and office number on carriers.
9. Have a practice drill with your family to make sure everyone knows what to do in the event of a real evacuation.
10. Gather emergency supplies, including N95 respirator masks. Keep in mind each person's specific needs, including an updated asthma plan and medication if needed.

Published 3:00 a.m. PT April 25, 2019 | Updated  
3:40 a.m. PT April 25, 2019 Jessica Skropanic

## Tank Road Update

Photos of progress are included below. Top to bottom; April 17<sup>th</sup>, May 22<sup>nd</sup>, June 12<sup>th</sup>, June 25<sup>th</sup>. **DO NOT RIDE, TIRES SPINNING WILL DISPLACE GRAVEL!**





- Bring your reusable shopping bag to the grocery store and beyond. If you do have single use bags, use them again.
- Bring a reusable drinking container to the coffee shop or restaurant.
- Bring reusable takeout containers with you to restaurants (it saves them money).
- Pack lunches in a reusable bag with reusable food and drink containers.
- Use sturdy and washable utensils and tableware at home, for fast food, or in your prepared to-go lunches
- Reuse containers and other materials for storage and crafts.
- Take only what is needed if you need to use single use items, like one paper napkin instead of a handful.
- Reuse single-sided printed pages for scratch paper or crafts.
- Find new homes for clothing and linens, or use them for rags, patchwork, and other projects.
- Donate or give away items that others may find use for rather than toss in the trash.
- More may be found at [lessismore.org](http://lessismore.org)



The 4th of July is coming up and we all like to see fireworks but,

### REMINDER

the Redwood Valley Tribe does not allow ANY type of FIREWORKS, due to the high fire danger.

### **RVR Little Farmers**

As summer is now in full swing it's an excellent time to start working on making the idea of bringing farm animals to RVR a reality. The goal of this will be to combine community members, donated materials, and then a few live animals. This will help with brush clearance and of course serve as a learning opportunity for community youth about what is involved along the way. Funding is limited, yes, but with teamwork and good planning Tribal youth hope to launch this project in the next few weeks. All ages 8 and up are welcome to participate. The 1<sup>st</sup> meeting of RVR Little Farmers will be July 1<sup>st</sup> in the Learning Center Library 12:30 to 1pm. We hope to see you there!

## CPR Class Highlights



A free CPR and 1<sup>st</sup> Aid course was taught at RVR on Friday June 14<sup>th</sup>. All 12 participants came together to learn skills that may one day be used in emergency situations. Professor Skipp Williams, an experienced and passionate instructor, did an outstanding job. Great work! We were able to bring this training to the tribe through a BIA Supplemental Fund.

### With Power Outages on the Way...

#### **In advance:**

- Inventory items that rely on electricity
- Discuss with a health provider a plan for medical devices that need power, how long medication may be stored at higher temperatures
- Have plans in place for family/friends to meet or stay in touch in case phone/internet may be out in addition to electricity
- Sign up for local alerts and warning systems. There may be an advance notice of an outage
- Review supplies available: non-perishable food and water, portable lights/lanterns
- Know where your fuse box is located
- Add a thermometer to your fridge and/or freezer to know the temperature of items when power is restored
- Keep gas tanks full and portable chargers charged

- If available have your generator in working order and easily accessible, and keep its exhaust away from other people when using
- Have some cash on hand for groceries or other purchases. Credit/debit/atm/venmo might be unavailable in a power outage

#### **During:**

- Keep freezers and refrigerators closed. Full freezers will keep for 48 hours and refrigerators for about 4 hours. Use ice and coolers if desired
- Check on your neighbors
- Go to a community cooling center
- Turn off or disconnect appliances, Power may return with momentary surges or spikes that could cause damage

#### **After:**

- Food exposed to temperatures above 40 degrees F for 2 hours or more, has changed color, texture, or color should be tossed out
- If power is out an extended time, medications in need of refrigeration may need to be tossed out and replaced



### **Water News**

Steve Elliott

### Coordinator's Corner, Water

#### Resources:

- i) QAPP (Quality Assurance Project Plan) is being finalized and resubmitted the week of June 24. We changed two wastewater-testing sites and added Little Bird Creek testing sites to the project plan.

- ii) Algae: the goal of the department is to make sure our surface water is safe and not contaminated. Certain algae can be harmful, and also can be benefit depending on type of algae. We look at all aspects of potential threats and work towards producing a plan to monitor those potential threats. This is why we monitor.
- iii) USEPA Line: June 17 to 23 is National Pollinators week. Please do your part in researching the pesticide being used and make sure it doesn't pose a threat to the bees or pollinators. EPA announced \$87 Million in funding to improve drinking water for schools and disadvantaged communities. As a department, we are definitely going to submit applications for this grant money. EPA Administrator Andrew Wheeler said, "EPA will fulfill its core mission providing state tribes...with resources needed to protect from contaminates."

**Utility Project:**

- i) Collection system evaluation. Indian Health Services with our administration coordinated a wastewater collection system inspection via video recording inside the sewer pipes and manholes. The results unfortunately are not favorable. We have manhole failure, pipe failure and erosion, broken pipe and sagging pipe. There was cause for concern from the wastewater system inspections and pump failing from outside infiltration of debris. This evaluation confirmed our notion.
- ii) Lead and Copper testing, mandatory by our statutory regulator USEPA. Redwood valley public water system is scheduled. Our monitoring is scheduled this year between June 1 and Sept 30 2019. Depending on the results we will either have to test twice a year, or test in 2022. ■

**WELCOME TO THE DSS/CALWORK'S /RED ROAD PROGRAM**

This Department offers many different kinds of services to keep our community safe and promote the reduction of substance issues.

Using drugs is illegal unless prescribed by a doctor. Alcohol use is for adults 21yrs and older. DO NOT buy alcohol for our youth or any youth asking. DO NOT teach our youth how to get high, is what Red Road teaches in many different ways.

Summer activities have started for youth and different departments are in the planning stages to announce when and where this will happen. Keep a look out for the FLYERS sent to you by mail or left on your door.

Keep our community safe during this coming 4<sup>th</sup> of July if you celebrate. Fire danger is "HIGH" alert.

Come in the office if you have questions. All are welcome to come talk or just for a visit and find out what other services can be unitized.

Office Hours are:

Monday thru Friday

8:00AM to 5:00PM

Phone: (707) 485-0361 ext. 116

Director: Martin D Martinez III, CSAC II

**PROJECTS FOR COMMUNITY INVOLVEMENT**

The DSS is

**CITE:** Also a **CRIHB** sponsored program has developed a Clean air policy so there is NO SMOKING or VAPING allowed in the area of the DSS Education Center-Building "B". This was approved by the Tribal Council FY 2018-2019.

**Summer Food Program** will continue thru July 2019. Food will be served to youth and elders. 12PM to 12:45PM Monday thru Thursday unless there is a holiday. Menus are available so you know what will be served weekly.

Coming events will be announced by flyers, mail, and other sources of media to let the community know what is getting done by DSS.

- **CRIHB ( California Rural Indian Health Board) Sacramento office.**

# REDWOOD VALLEY RANCHERIA LEARNING CENTER

## JULY 2019

*\*DATES AND TIMES BELOW SUBJECT TO CHANGE\**

3250 Road I, Building B, Redwood Valley CA 95470, Phone: (707) 485-0361

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to Post on the Fridge!

Library Hours	Monday-Friday	9:00 AM - 4:30 PM
Adult/Elder Quiet Reading Hours	Monday-Friday	9:00 AM - 1:00 PM
Computer Lab Hours	Monday-Friday	9:00 AM - 4:30 PM
Adult/Elder Computer Lab Hours	Monday-Friday	9:00 AM - 1:00 PM
Fatherhood/Motherhood Is Sacred	Tuesdays	5:30 PM - 7:00 PM
Men's Regalia Class	Tuesdays & Thursdays	9:00 AM - 11:00 AM
Red Road	Thursdays	6:00 PM
Summer Lunch Program	Monday - Thursday	12:00 PM - 12:45 PM
PYCCSP Tutoring	Monday & Wednesday	1:00 PM - 4:00 PM
Women's Regalia Class	Monday & Wednesday	1:00 PM - 3:00 PM
Yoga Class	Daily	9:00 AM - 10:00 AM

### Learning Center Staff:

Jasmine Billy, Education Coordinator

Erica Carson, Jr., NAFFA Certified Facilitator

Jackie Cordova, Regalia Instructor

Nick Garcia, Regalia Instructor

Carol Gottfried, Pinoleville Pomo Nation-Pomo Youth College Career Success (PYCCSP) Project Tutor

Martin Martinez, III, Director of Social Services

Alyssa Nevarez, Education Assistant

Lisa Nevarez, Summer Lunch Program Cook





Chris Piekarski, Indian Child Welfare Act Coordinator

**To reserve Learning Center for events please contact RVR Tribal Administrator Mary Camp: (707) 485-0361**

Tear Out This Page  
to Post on the Fridge!

# REDWOOD VALLEY RANCHERIA LEARNING CENTER JULY 2019

\*DATES AND TIMES BELOW SUBJECT TO CHANGE\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 7	1 <u>EPA Little Farmers Meeting 12:30-1:00</u>	2	3	4 <u>CLOSED for Independence Day</u>	5	6
14	15	16 <u>PEC Meeting 5:30</u>	17 <u>FAMILY MOVIE DAY 2:00-5:00</u>	18 <u>Utility Board Meeting 5:30 Building A</u>	19	20
21 <u>TRIBAL COUNCIL MEETING</u>	22	23	24	25	26	27
28	29	30	31			

## Learning Center Corner

By Jasmine Billy, *Education Coordinator*

June has been a busy month at your Learning Center with the kids getting out of school and summer just beginning. We started off celebrating the children's last day of school. The Parent Education Committee and the Tribal Community came together to honor the successes of those advancing into Kindergarten, Middle School, High School and College. We had a large group of 50 plus that had attended the graduation party which was a great show of support from the Community. Thank you to all those who attended this event.

Martin Martinez, Nick Garcia and I recently attended the ACORNS annual Conference at Yakama. The workshops and the experiences that we all shared were very helpful in understanding how to promote good health and wellness in our tribal community. I have been keeping the children busy with the summer youth activities here at the learning center. The kids also have been doing reading logs with Tutor Carol Gottfried and at the end of each day they work on summer journals where they write their daily adventures and personal dreams for the future. The kids have been a big help to me by assisting with the community garden. They helped by planting and watering to maintain the garden. So, when it's time to distribute at a later date the children will actually harvest the vegetables. Everything we do at the learning center teaches the children Community Values and will help them in their future achievements.

## Meet the New Staff

Alyssa Nevarez

*Summer Education Assistant*

I help with kid's activities, setting up tables, attending the garden and more.



Far Left: Pumpkin flowers, Above: Pepper

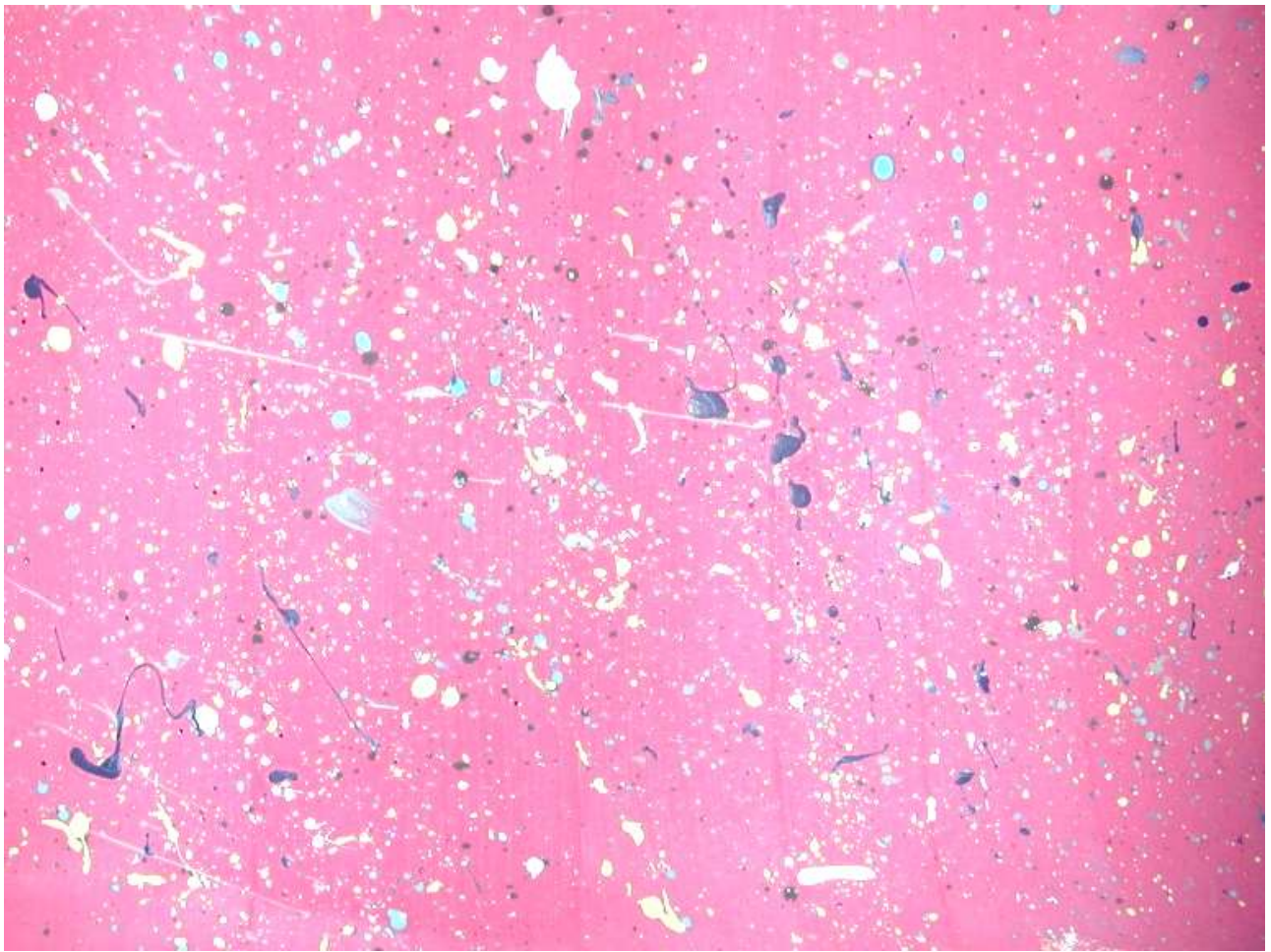
Lisa Nevarez

*Summer Lunch Cook*

I enjoy preparing gourmet meals and arranging diverse menu items. Today was a romaine lettuce salad, pasta, strawberry jello and more.



Helping encourage kids to reduce and reuse items during lunch in a fun and simple way.



Artwork by Bonnie Connolly

Redwood Valley Rancheria  
3250 Rd I,  
Redwood Valley, CA 95470

